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www.tamalpaispediatrics.com

Tamalpais Pediatrics Nutrition Consultations

Your child's health is very important to us at Tamalpais Pediatrics. Our goal is to encourage healthy habits for optimal health and to defend against illness.

We are pleased to have nutritionist Susannah Wallenstrom, MPH, RDN, CLT as part of our team. Susannah's areas of expertise include adolescent and pediatric nutrition and weight management. She is available by appointment to provide our patients expert one-on-one nutrition education and counseling to help with weight management, picky eating, infant feeding, vegan/vegetarian diets, sports nutrition, and food allergies and sensitivities.

About Susannah

Susannah is a Marin-based registered dietitian nutritionist who has been practicing in the Bay Area for over 15 years. She received her B.A. from the University of Virginia, and completed her Masters in Public Health and Nutrition at the University of North Carolina – Chapel Hill. She is an active member of the Academy of Nutrition and Dietetics and holds her Certificate of Training in Childhood and Adolescent Weight Management.

Susannah has worked extensively with babies, children, and adolescents. She has previously worked in the outpatient nutrition clinic at Kaiser Permanente, and she teaches infant/ toddler nutrition classes there. She is the founder of Marin Nutrition Consulting, a private practice focused on helping families eat healthier. Her passion is working with kids of all ages to establish healthy eating habits and a positive relationship with food.

What to Expect from Your Visit

- A complete review of your child's health and nutrition history
- An assessment of your child's diet and nutrition
- A personalized plan that includes short and long term goals

Pricing

Our office will bill your insurance for the consultation. In most cases the cost of a consultation with a registered dietitian will not be covered by your insurance, and you will need to pay privately for the visit. Under certain circumstances, your insurance company may reimburse you for some of the cost.

- 50 minute individual initial assessment and intervention: \$120
- 25 minute individual re-assessment: \$60

Missed Appointment or Less Than 24-hr Notice of Cancellation Fee

If you need to cancel your nutrition appointment, please give at least 24-hour notice. There is a missed appointment/ late cancellation fee of \$30 if you have a non-HMO insurance plan or the price of your co-pay (up to \$30) for HMO insurance plans.

Financial Agreement for Nutrition Consultation

- I have read the Tamalpais Pediatrics Nutrition Consultation Policy in its entirety.
- I understand that although the charges related to my consultation will be billed to my insurance, some or none of the fees may be covered.
- I agree that I am fully responsible for any and all charges not covered by my insurance company and will pay the outstanding balance on my account in full.
- I understand and agree to pay the missed appointment/ late cancellation fee if I do not give 24-hour notice to cancel my nutrition appointment.

Name of Patient(s)

Signature of Patient (if 18 or older)

Printed Name

Date:

Signature of Guardian/Parent of Minor Child

Printed Name

Date: